



EXPPAND

**Introducing the new
*Summer School of Clinical Nutrition
and Diet Therapy***



Specialized training in clinical nutrition
and diet therapy for medical students and
students of nutrition

SUMMER SCHOOL OF CLINICAL NUTRITION & DIET THERAPY

August 23-27, 2019

Friday, August 23th 2019

10:00 - 10:15	Željko Krznarić	Welcome & Introduction
10:15 - 10:45	Darija Vranešić Bender	History of Diet Therapy and Clinical Nutrition
10:45 - 11:30	Ivana Rumora Samarin	Introduction to nutrition science
11:30 - 12:15	Jasenka Gajdoš Kljusurić	Ethics in applied nutrition services
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Željko Krznarić	Nutrition guidelines overview
13:30 - 14:15	Ivana Rumora Samarin	Energy, Macro & Micronutrients: basics of physiology and dietary requirements
14:15 - 15:15	LUNCH	
15:15 - 16:00	Darija Vranešić Bender	Nutritional status in Health and Disease
16:00 - 16:45	Dina Ljubas Kelečić	Workshop: Anthropometric measurements and functional assessment

Saturday, August 24th 2019

10:00 - 10:45	Donatella Verbanac	Translational research: prediction, prevention, personalization and participation in nutrition
10:45 - 11:30	Jasenka Gajdoš Kljusurić	Basics of meal planning
11:30 - 12:15	Alessandro Laviano	Nutrition support in cancer
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Alastair Forbes	Physiology of gastrointestinal tract
13:30 - 14:15	Alessandro Laviano	Anorexia – cachexia syndrome
14:15 - 15:15	LUNCH	
15:15 - 16:00	Alessandro Laviano	Clinical case presentation / workshop
16:00 - 16:45	Darija Vranešić Bender	Workshop: Nutritional Assessment

Sunday, August 25th 2019

10:00 - 10:45	Alastair Forbes	Clinical case discussion / workshop
10:45 - 11:30	Željko Krznarić	Basics of enteral nutrition
11:30 - 12:15	Dina Ljubas Kelečić	Basics of parenteral nutrition

12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Alastair Forbes	Micronutrients: clinical applications
13:30 - 14:15	Donatella Verbanac	The role of microbiota in health and disease
14:15 - 15:15	LUNCH	
15:15 - 16:00	Jasenka Gajdoš Kljusurić	Workshop: How to use nutrition databases?
16:00 - 16:45	Darija Vranešić Bender	Workshop: Analysis of a food diary

Monday, August 26th 2019

10:00 - 10:45	Alastair Forbes	Intestinal failure
10:45 - 11:30	Dina Ljubas Kelečić	Refeeding syndrome
11:30 - 12:15	Donatella Verbanac	Biologic active compounds from food & herbs: screening, selection and clinical applications
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Željko Krznarić	Pharmaconutrients and conditionally essential nutrients in clinical nutrition
13:30 - 14:15	Donatella Verbanac	Introduction to intellectual property protection in nutrition
14:15 - 15:15	LUNCH	
15:15 - 16:00	Darija Vranešić Bender	Vitamin D in Disease Prevention and Therapy
16:00 - 16:45	Željko Krznarić Darija Vranešić Bender	Workshop: Enteral nutrition prescription and application + clinical case presentation
16:45 - 17:15	Dina Ljubas Kelečić	Workshop: Parenteral nutrition prescription and application + clinical case presentation

Tuesday, August 27th 2019

10:00 - 10:45	Željko Krznarić	Clinical cases discussion / workshop
10:45 - 11:30	Darija Vranešić Bender	The role of nutrition in the therapy of metabolic syndrome and obesity
11:30 - 12:15	Ivana Rumora Samarin	Nutrition in diabetes
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:45	Final exam / Diplomas	
13:45 - 14:45	LUNCH	

Summer school of Clinical Nutrition and Diet Therapy, 23rd- 27th of August 2019, Zagreb, will provide:

- ▶ Development of specific multidisciplinary skills in clinical practice
- ▶ 5-days accredited program with lectures and workshops given by leading European experts and professionals
- ▶ Latest clinical practices in clinical nutrition
- ▶ Workshops with modern equipment used in everyday clinical practice
- ▶ Hands on materials providing practical advice and latest scientific facts

Join us and expand your knowledge by participating in a modern learning program taught by renowned lecturers!

The summer school of Clinical Nutrition and Diet Therapy is part of the Experimental Pharmacology and Pathology & Clinical Nutrition and Diet therapy (EXPPAND) project and is financed by the European Social Fund. The EXPPAND project will be implemented in Croatia by the School of Medicine University of Zagreb and its partners – Croatian Medical Association, School of Dental Medicine, Faculty of Veterinary Medicine, Faculty of Pharmacy and Biochemistry, Faculty of Food Technology and Biotechnology of the University of Zagreb.



NOSITELJ PROJEKTA / LEAD BENEFICIARY

PARTNERI / BENEFICIARIES



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